

# OVERVIEW OF THE DAY

Time	Activity
8:30 am	Tea and coffee
9:00 - 11:00	Karakia
9:00 - 11:00	Session 1 (2 hours)
9:00 - 9:30	Māori Language
9:30 - 10:30	Science
10:30 - 11:00	Draw My Thesis
11:00 - 11:30	Morning tea
11:30 - 12:30	Session 2 (1 hour)
12:30 - 2:00	Lunch
2:00 - 4:00	Session 3 (2 hours)
2:00 - 2:30	Conflict resolution for postgrads
2:30 - 3:00	Wellbeing
3:00 - 4:00	Ethics



Keep In Touch With Us

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# POSTGRADUATE RETREAT

STAFF CLUB

27TH OCTOBER 2023

# SESSION ONE

## GUEST SPEAKERS:

**DR CHARLOTTE KING**  
**DR ALANA ALEXANDER**  
**DR NIC RAWLENCE**

## MĀORI LANGUAGE SESSION:

Hosted by Charlotte King and Alana Alexander. A 30-minute Te Reo session from 9-9:30 am. This session will focus on pronunciation and general Te Reo Māori phrases. Students will have the opportunity to develop and workshop their pepeha and mihi, which are important aspects of public speaking for postgraduate students in Aotearoa. Charlotte and Alana will also be showcasing examples of a pepeha of someone who is Pākehā or for someone who is Māori and Pākehā. Whether you are new to Aotearoa or a skilled language expert, this session has something for everyone and provides an opportunity for us to learn together and from one another.

## SCIENCE COMMUNICATION:

Hosted by Nic Rawlence. A 1-hour session on effective science communication. Featuring tips on communicating your research effectively to friends, family, other researchers and potential employers.

## DRAW MY THESIS:

A 30-minute icebreaker session wherein students will be tasked with drawing their thesis on a poster. This session will work somewhat like charades, whereby students will have to guess what their peers' theses are based on. There will be a prize for the most accurate thesis depiction.

# SESSION TWO

## CAREER PANEL



### PROF. JEMMA GEOGHEGAN

Professor Jemma Geoghegan is a distinguished academic and has received numerous awards for her research efforts. This Rutherford Discovery Fellow is an evolutionary biologist and virologist specialising in researching emerging infectious diseases. You may recognise Jemma from TV as she helped bridge the gap between academia and the broader public during the pandemic.



### DR CLAIRE CONCANNON

Claire Concannon stands at the intersection of science and public understanding in Aotearoa. Claire completed her PhD in Biochemistry in 2013 in Ireland before moving here in 2017. With a gift for transforming complex scientific concepts into engaging narratives, Claire now works as a presenter at RNZ.



### SAM WILKINS

Sam is the commercialisation manager at Otago Innovation and was integral to the rollout of the Momentum programme here at the University, enabling a new generation of student entrepreneurs to access advice and capital. For scientists eager to make a business impact, Sam will provide advice on navigating the realm of commercialisation in science.

# SESSION THREE

## GUEST SPEAKERS:

**JOSEPHINE JOHNSTON**  
**CAROLYN WALKER**  
**JENNIFER ANDERSON**

## CONFLICT RESOLUTION FOR POSTGRADS:

A 30-minute afternoon session hosted by Jennifer Anderson. This session will focus on navigating difficulties that may arise within student-supervisor relationships and offers an opportunity for students to learn more about what supports are available to them if they are struggling during their postgraduate degree. Jennifer Anderson is the University's mediator and part of her job is to facilitate the resolution of interpersonal challenges and communication breakdown. Although there is no one set template for conflict resolution, Jennifer will endeavor to shed light on some of the ways students can help themselves if they find themselves in difficult situations.

## WELLBEING:

A 30-minute afternoon session hosted by Carolyn Walker of the University's Student Health Services. Carolyn is a mental health clinician and will be focusing on ways that we can look after ourselves over the course of our postgraduate degrees.

## ETHICS:

An hour long session hosted by Josephine Johnston. The aim of this session is to foster an understanding of how ethical considerations can be incorporated into one's thesis. This session promises to feature a lot of interesting discourse surrounding bioethics.